

Millthorpe School Careers News

Welcome to the Y10 autumn term careers newsletter

Careers planning

It is never too early to start thinking about life beyond Millthorpe; students will have started that process when they chose their GCSE options. To help with careers planning, all children at Millthorpe have access to two very useful resources.

1) eCLIPS

For detailed careers information, eCLIPS is a super resource!

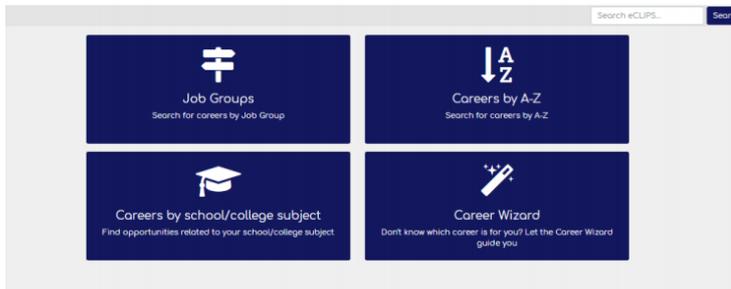
You can search by job title, job groups and careers by school subject.

Go to www.eclips-online.co.uk

At the top right corner, click on 'Login to eCLIPS'
You will then be asked for a password. This is YO231WF



Choose your own starting point:



Spend some time exploring areas of interest, and make notes of anything that you will need to remember, like entry requirements, work experience etc.

- Browse careers by Job Group
- Search by A-Z
- Find careers related to your favourite school subjects
- Use the Career Wizard to match you to careers that will suit you

2) KUDOS

For people who are struggling to see which careers might suit them, KUDOS is a great starting point. There is a quiz to generate career ideas based around interests, skills and school subjects.

You may like to sit with your child while they answer the questions and look at the results. This can be a great opportunity to affirm your child's skills and encourage them to think positively. Allow about 20 – 30 mins initially.

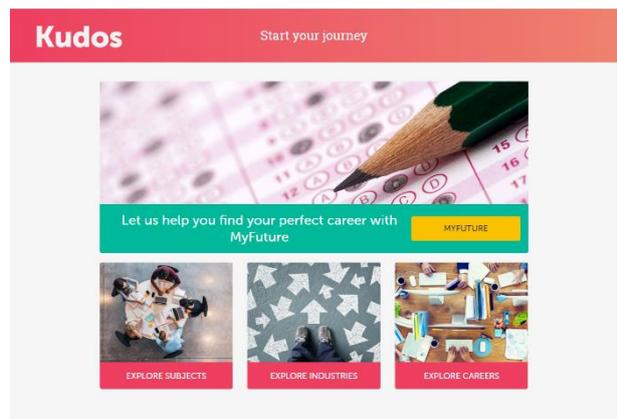
When looking at the results, be guided by your child's interests, encourage them to research the careers that they have not heard of, and challenge any wrong or stereotypical ideas that they might have.

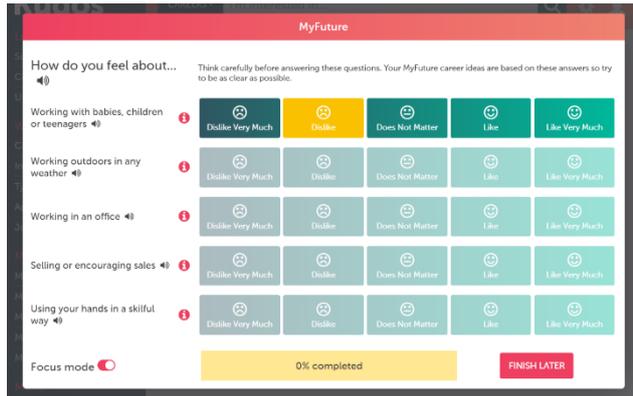
Go to <https://kudos.cascaid.co.uk>

Register with the code **quizbest37**

Ask your child to use their school email address as their user name and password.

Click on MY FUTURE





You can now work through the questionnaire. There are 3 sections:

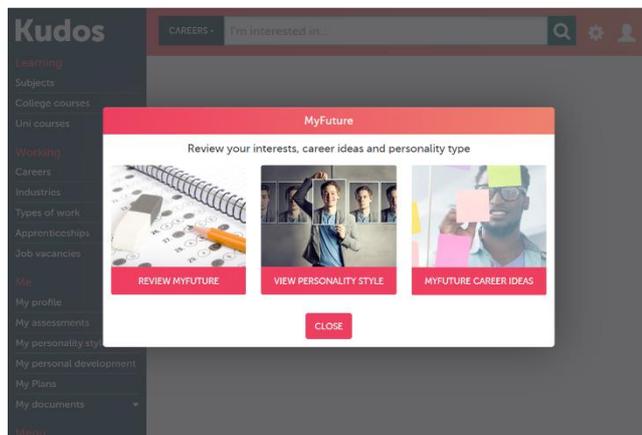
My Future, My Personality and My Skills

You can choose whether to complete them all in one go, or to spread them out over several sessions.

If you **have used** KUDOS before, you will be taken to your home screen, which may show some recent updates from KUDOS. Click on My profile to see what you have already done.



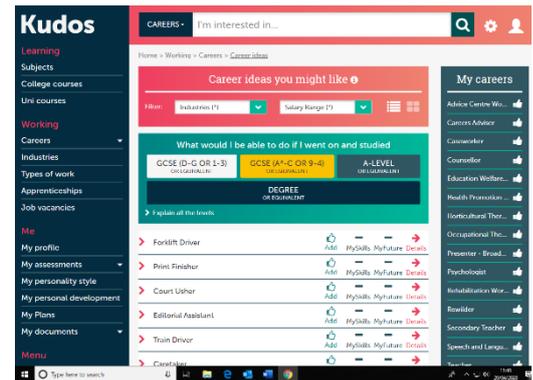
By clicking on My assessments, and then My future, you will be able to review and change the answers to your questionnaire.



Click on Careers and then Career ideas to see which careers match your responses.

From this screen, you can read more about each career, click on the 'thumbs up' to add it to your list, and click on the red 'Details' to see how well it matches your responses.

If the careers seem completely wrong, or there are not enough good ideas, then go back and review how you have answered the questionnaire.



Hint – try to include a few 'like very much' and 'dislike very much' responses.

There is a lot more that you do with KUDOS. Spend some time exploring the rest of the programme. Be aware that details within the college and university sections should be double-checked with each institution.

Careers in the curriculum

There are several careers events that are scheduled to take place in Y10. These include lessons on financial planning and money management; mock interviews; two weeks work experience and our preparation for employment event which includes workshops on apprenticeships, CV writing, Communication and interview skills and the world of work. Unfortunately, Covid restrictions will mean that these events will need to be done in a bespoke way and we will make use of time in Personal Development lessons to ensure that students still explore these topics, but in different ways.

As always, feel free to email Rachel Howlett, the Shine careers adviser at r.howlett@millthorpe.southbank.academy with any queries, or contact her via the school. The Careers Lead at Millthorpe is Mr Noble – he can be contacted at i.noble@millthorpe.southbank.academy.