

Learning aim C – review the planning and leading of sports activities

BTEC LEVEL 2 - SPORT

Unit 6: Leading Sports Activities

Assignment Title: Review time!

Please delete as applicable:

For learners registered **prior** to September 1st 2014;

Teacher/Assessor:	
Date issued:	
Interim deadline date: (formative feedback)	
Final deadline date: (summative feedback)	
Resubmission date: (if authorised by LIV)	

For learners registered **from** September 1st 2014;

Teacher/Assessor:	
Date issued:	
Submission date:	
Resubmission hand out date:	(date work given back to learner)
Resubmission* hand in date:	

****Please note; resubmission hand in date must be within 10 days of the resubmission hand out date and must be authorised by LIV (meeting the requirements of resubmission).***

Qualification suite covered:

BTEC Level 1 / Level 2 First Award in Sport
BTEC Level 1 / Level 2 First Certificate in Sport
BTEC Level 1 / Level 2 First Extended Certificate in Sport
BTEC Level 1 / Level 2 First Diploma in Sport

Units covered: Unit 6 – Leading Sports Activities

Learning aims covered: Learning aim C – review the planning and leading of sports activities

Duration (approx.): 2 hours

Learning aim C – review the planning and leading of sports activities

Scenario

As per normal your session has gone pretty well, although your gut feeling is that there is still room for improvement (as there always is).

To make sure it is a true reflection of your performance you ask the participants, the teachers, the other helpers and the Head Coach to contribute to the review as well.

Task 1

1	<p>You need to review your performance as a sports leader.</p> <p>This can be done verbally, although it would be a good idea to make some notes to refer to as you are going through each point.</p> <p>You will need to;</p> <p>Review your own performance as a sports leader.</p> <p>Identify your own strengths and areas for improvement. You need to explain why you have identified areas for improvement and how you could try to make these better.</p> <p>Produce a personal development plan which shows how you could develop your skills as a sports leader.</p> <p>You should include SMARTER targets in your personal development plan. These targets should help you to improve your areas of weakness and identify opportunities and activities to help you to improve eg volunteering in your community or observing a sports leader. You should also include any possible barriers to your improvement eg cost or location.</p>
----------	---

Evidence you must produce for this task: A role play with other members of the group (with a completed tutor observation record), an on-line video diary or blog or a written review.

Criteria covered by this task:

2C.P5 Review the planning and leading of the sports activity session, describing strengths and areas for improvement, and targets for future development as a sports leader.

2C.M5 Explain targets for future development as a sports leader, including a personal development plan.

2C.D2 Justify targets for future development as a sports leader and activities within the personal development plan.

Textbooks

Adams, M., Armstrong, R., Gledhill, A., Hancock, J., Harris, B., Phillipppo, P. and Sergison, A., (2012) *BTEC First Sport Student Book*, Pearson Education (ISBN 978 1 44690 161 8)

Commons, R., Rizzo, G. and Swales, M. (2010) *Level 2 BTEC Firsts in Sport Student's Book*, Oxford, (ISBN 978 1 85008 515 7)

BTEC First Sport Level 2 Assessment Guide: Leading Sports Activities Unit 6 (BTEC Sport Assessment Guide), Hodder, 2013 Andrew Bardsley, Jennifer Stafford-Brown and Simon Rea

Learning aim C – review the planning and leading of sports activities

Websites

www.sportsofficialsuk.com

Sports Officials UK

www.uksport.gov.uk

UK Sport

www.britishswimming.org

Amateur Swimming Association

www.olympics.org

The British Olympic Association

If you have not achieved the level 2 criteria, your work will be assessed to determine if the following level 1 criteria have been met:

1C.5 Review the planning and leading of the warm-up, main component or cool down, describing strengths and areas for improvement.