



BTEC LEVEL 1 & LEVEL 2 - SPORT

Unit 6: Leading Sports Activities

Assessment Activity 3 – Review time!

As per normal your session has gone pretty well, although your gut feeling is that there is still room for improvement (as there always is).

You first need to complete a...

Task 1	Review of the planning and leading of the sports activity session, describing strengths and areas for improvement, and targets for future development as a sports leader (2C.P5)
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To make sure it is a true reflection of your performance you ask the participants, the teachers, the other helpers and the Head Coach to contribute to the review as well. So you begin to work your way through the following information:

Review:

- feedback for review, e.g. from participants, supervisor, observers, self-analysis
- methods, e.g. questionnaires, comment cards, observation records, direct verbal feedback
- strengths and areas for improvement (demonstration of attributes, completion of responsibilities, e.g. planning, content, organisation, health and safety, achievements).

§ Targets for development:

- § SMARTER targets (specific, measurable, achievable, realistic, time-related, exciting, recorded)
- § development plan:
 - aims and objectives
 - goals
 - SMARTER targets
 - activities and opportunities, e.g. training, courses, qualifications
 - possible barriers.

Useful Information

Keep any review documents simple (but make sure you are collecting the right information). There are probably ones already in place at your school or college - but make sure they are what you need.

Make any review with the kids you are leading fun...they are much more likely to help out if it is!

Learning aim C – review the planning and leading of sports activities

From the reviews, make sure you identify (or make a list) of things you did well and areas where you really need to improve!

Resources for support	Possible ways to present the task
<ul style="list-style-type: none"> • Activity 15 – Case study reviews... • Activity 16 – How did I do? • Activity 17 – Me, me and more me! • Activity 18 – Targets for the future? 	<p>This activity could be presented;</p> <ul style="list-style-type: none"> • Via a role play with the senior coach • Via an email (or similar) to the senior coach <p>All the above will need to be supported with some form of review documentation</p>

The young leaders who helped you out were a really good bunch...good fun, hardworking and with bags of potential.

At the end of the session you all agreed to meet up in a week's time to go through how it went and to look at ways to help each other improve for the future.

Your job is to lead the review session, during which you need to:

Task 2	Explain (2C.M5) and justify (2C.D2) targets for future development as a sports leader, including a personal development plan
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This can be done verbally, although it would be a good idea to make some notes to refer to as you are going through each point.

Resources for support	Possible ways to present the task
<ul style="list-style-type: none"> • Activity 19 – Meat on the bone! • Activity 20 – Justify them targets! 	<p>Possible methods to present task 2 could be;</p> <ul style="list-style-type: none"> • Via a role play with other members of the group • Via an on-line video diary or blog • Or via a more formal written review process