

Learning aim B – undertake the planning and leading of sports activities

BTEC LEVEL 2 - SPORT

Unit 6: Leading Sports Activities

Assignment Title: Stand and deliver!

Please delete as applicable:

For learners registered **prior** to September 1st 2014;

Teacher/Assessor:	
Date issued:	
Interim deadline date: (formative feedback)	
Final deadline date: (summative feedback)	
Resubmission date: (if authorised by LIV)	

For learners registered **from** September 1st 2014;

Teacher/Assessor:	
Date issued:	
Submission date:	
Resubmission hand out date:	(date work given back to learner)
Resubmission* hand in date:	

****Please note; resubmission hand in date must be within 10 days of the resubmission hand out date and must be authorised by LIV (meeting the requirements of resubmission).***

Qualification suite covered:

BTEC Level 1 / Level 2 First Award in Sport
BTEC Level 1 / Level 2 First Certificate in Sport
BTEC Level 1 / Level 2 First Extended Certificate in Sport
BTEC Level 1 / Level 2 First Diploma in Sport

Units covered: Unit 6 – Leading Sports Activities

Learning aims covered: Learning aim B – undertake the planning and leading of sports activities

Duration (approx.): 4 hours

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Scenario

Your stint as a Young Sporting Ambassador is going really well.

The Partnership is pleased with your contribution and has asked if you can take the lead at a primary school sport festival planned for a few weeks' time.

This is a big step up in responsibility - you will have other young leaders helping who will be looking up to you as an example of a good leader!

Task 1

1	<p>You need to plan a sports activity session for two sports of your choice.</p> <p>You will need to;</p> <p>Complete a session plan template for each sports activity. You should include the session aims, equipment requirements, timings and session content.</p> <p>Explain why you have chosen to do what you have written in your session plan. For example, why did you choose to do basic dribbling skills with the year 7 basketball club? You might write this on the bottom of your session plans or explain it to your teacher after you lead your sessions.</p> <p>Independently lead the sports activity sessions that you have planned. Your teacher will record this and complete a tutor observation record.</p> <p>Things to consider;</p> <p>What type of sports activities will you choose? Team sports, individual sports?</p> <p>What will be in your session? Warm-up, skill/activity, game, cool-down.</p> <p>The aims of your session.</p> <p>Health and safety, risk assessments.</p> <p>Resources and equipment you will need.</p> <p>Organisation of the session.</p> <p>Your leadership style and skills.</p>
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Evidence you must produce for this task: A session plan and video evidence along with a tutor observation record.

Criteria covered by this task:

- 2B.P3 Plan two selected sports activities
- 2B.P4 Independently lead a sports activity session
- 2B.M3 Justify the choice of activities within the sports activity plan
- 2B.M4 Lead a successful sports activity session

Textbooks

Adams, M., Armstrong, R., Gledhill, A., Hancock, J., Harris, B., Phillippo, P. and Sergison, A., (2012) *BTEC First Sport Student Book*, Pearson Education (ISBN 978 1 44690 161 8)

Commons, R., Rizzo, G. and Swales, M. (2010) *Level 2 BTEC Firsts in Sport Student's Book*, Oxford, (ISBN 978 1 85008 515 7)

BTEC First Sport Level 2 Assessment Guide: Leading Sports Activities Unit 6 (BTEC Sport Assessment Guide), Hodder, 2013 Andrew Bardsley, Jennifer Stafford-Brown and Simon Rea

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Websites

www.sportsofficialsuk.com

Sports Officials UK

www.uksport.gov.uk

UK Sport

www.britishswimming.org

Amateur Swimming Association

www.olympics.org

The British Olympic Association

If you have not achieved the level 2 criteria, your work will be assessed to determine if the following level 1 criteria have been met:

1B.3 Plan a given sports activity

1B.4 Lead a component of a sports activity session, with guidance and/or support.