

Learning aim A – know the attributes associated with successful sports leadership



BTEC LEVEL 1 & LEVEL 2 - SPORT

Unit 6: Leading Sports Activities

Assessment Activity 1 – We want YOU as our leader!

Your school has been involved in the Youth Sport Trust 'Step into Sport' programme for some time now and has regularly produced some excellent young sports leaders.

You are one of these talented young leaders and have been short-listed for one of the Young Sporting Ambassadors for next year – a real honour and something that will look seriously impressive on your CV!

The application process isn't easy though....although you are confident of securing one of the places up for offer!

Part 1 of the application process involves;

Task 1	Describe, using relevant examples (2A.P1), and explain (2A.M1) the attributes required for, and responsibilities of, sports leadership
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How you present this information is left entirely up to you, but you are required to cover a selection of sports leaders:

Sports Leaders:

For example, sports coaches, fitness instructors, school/college coaches, local club coaches, national club coaches, amateur coaches.

Attributes:

- skills (communication, organisation of equipment, knowledge)
- § advanced skills (activity structure, target setting, use of language, evaluation)
- qualities (appearance, enthusiasm, confidence)
- § additional qualities (leadership style, motivation, humour, personality).

Responsibilities:

- core responsibilities (professional conduct, health and safety, equality)
- § wider responsibilities (insurance, child protection, legal obligations, ethics and values, rules and regulations).

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Part 2

Hey, well done! Your descriptions and explanations must have been good as you have been selected for an interview (and there are only 3 of you left).

You have been told that the interview will focus on the information you supplied in task 1, and you will need to;

Task 2	Describe (2A.P2) and evaluate (2A.M2) the attributes of two selected successful sports leaders
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As it is highly likely that you will have to deliver this task verbally it would make sense to get your ideas down in writing so you can refer to them in the interview if needed.

Part 3

First of all – congratulations! Having got one of the Young Ambassador positions (it was never in doubt really) you are determined to be the best the school has ever had!

Your first duty is to help launch the local ‘Step into Sport Conference’ where you have been asked to assist with a workshop titled ‘The Ingredients of a Successful Sports Leader’

The workshop leader asks you to run a 10 minute slot where you need to;

Task 3	Compare and contrast the attributes of two successful sports leaders (2A.D1)
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You decide to prepare a presentation to help get your message across...this is your first major role as a YA – so you are desperate to make a good first impression!

Resources for support	Possible ways to present the task
<ul style="list-style-type: none">• Activity 1 – Born to lead!• Activity 2 – The Good, the Bad and the Ugly!• Activity 3 – Attributes and responsibilities? Time to put your thinking caps on!• Activity 4 – A bit more detail please...• Activity 5 – Top drawer leaders!• Activity 6 – Please welcome your two successful sports leaders!• Activity 7 – How good are they then?• Activity 8 – Dare to compare...and contrast!• Teacher record of coverage for Learning Aim A	<p>Methods to present Task 1 could include;</p> <ul style="list-style-type: none"><input checked="" type="checkbox"/> Via an email<input checked="" type="checkbox"/> Factsheets<input checked="" type="checkbox"/> Or a more formal method such as a written report <p>It is suggested in the assessment activity that Tasks 2 & 3 are presented verbally although both tasks should be supported with some form of documentation or support material</p>