

Learning aim A - understand the rules, regulations and scoring systems for selected sports

BTEC LEVEL 2 - SPORT

Millthorpe School: PE Department

Unit 2: PRACTICAL SPORT PERFORMANCE

Assignment Title: Sports Rules, Regulations and Scoring Systems

Assessor:	
Date issued:	
Interim deadline:	
Final deadline:	

Qualification suite covered:

BTEC Level 1 / Level 2 First Award in Sport

BTEC Level 1 / Level 2 First Certificate in Sport

BTEC Level 1 / Level 2 First Extended Certificate in Sport

BTEC Level 1 / Level 2 First Diploma in Sport

Units covered: Unit 2 – Practical Sports Performance

Learning aims covered: Learning aim A: Understand the rules, regulations and scoring systems for selected sports

Duration (approx.): 4 hours (over two weeks)

Scenario

You have always been really keen on sport, playing it at school *and* for your local (**insert sport**) club. Through your involvement in sport you have developed a really good relationship with the PE staff at school – who are not only impressed with your playing skills, but have also earmarked you as a ‘coach of the future’.

It’s no surprise therefore that they have asked you to help them run the year 7 (**insert sport**) and (**insert sport**) teams – basically performing the role of assistant manager! After the initial get together meeting and a few low key training sessions it becomes very clear that although there is plenty of talent in the squad their understanding of the rules, regulations, scoring systems and the roles and responsibilities of officials in both sports is pretty poor.

Task 1

1.a	<p>The teacher has asked you to make a leaflet which explains: the rules, regulations and scoring systems, and the roles and responsibilities of each official, for two sports of your choice.</p> <p>To help you to produce this leaflet you could research information from your sports’ national governing body (NGB).</p>
------------	--

Learning aim A - understand the rules, regulations and scoring systems for selected sports

Your leaflet should include:

- Information about your sports playing area, timings and equipment.
- What the officials do and how they make sure that your sports are fair.
- You could include information about how your sports can be adapted to access all ages and abilities.
- You could look at the technology used in your sports and how this has changed the sport (for the better or worse!)

You should also compare and contrast the roles of the officials for your sports. Are there any similarities between the officials in both sports? Are there any changes that you think could improve the sport?

1.b

For **one** sport of your choice, add an extra section to your leaflet which explains how the rules and regulations are used in **four** specific situations.

Your leaflet should:

Include a clear explanation of how the rules and regulations will be applied by the official and what actions should be taken.

You must make sure that your four examples, for each sport, are different and explain which official or officials make the decision.

You should mention who carries out the official's decision, it might a player, the captain, the best person at a skill eg a good kicker in rugby, and how the decision could affect the sport / activity.

If your chosen sport was rugby league, you could explain how the rules would be used and what the officials would do:

When a high tackle is made

When there is a forward pass

If a player is held back who would have scored a try

When there is a knock-on.

Evidence you must produce for this task: A leaflet.

Criteria covered by this task:

2A.P1 Describe the rules, regulations and scoring systems of two selected sports.

2A.P2 Apply the rules of a selected sport in four specific situations.

2A.P3 Describe the roles and responsibilities of officials from two selected sports.

2A.M1 For each of two selected sports, explain the role and responsibilities of officials and the application of rules, regulations and scoring systems.

2A.D1 Compare and contrast the roles and responsibilities of officials from two selected sports, suggesting valid recommendations for improvement to the application of rules, regulations and scoring systems for each sport.

Learning aim A - understand the rules, regulations and scoring systems for selected sports

Textbooks

Adams, M., Armstrong, R., Gledhill, A., Hancock, J., Harris, B., Phillippo, P. and Sergison, A., (2012) *BTEC First Sport Student Book*, Pearson Education (ISBN 978 1 44690 161 8)

Commons, R., Rizzo, G. and Swales, M. (2010) *Level 2 BTEC Firsts in Sport Student's Book*, Oxford, (ISBN 978 1 85008 515 7)

BTEC First Sport Level 2 Assessment Guide: Fitness for Sport and exercise Unit 1 and Practical Sports Performance Unit 2 (BTEC Sport Assessment Guide), Hodder, 2013

Jennifer Stafford-Brown, Simon Rea, Katherine Howard and Andrew Bardsley

Websites

www.britishswimming.org	Amateur Swimming Association
http://www.teamgb.com/	The British Olympic Association
www.thefa.com	The Football Association
www.rfu.com	The Rugby Football Union
www.sportsleaders.org	Sports Leaders UK
www.sportofficialsuk.com	Sports Officials UK
www.ukathletics.net	UK Athletics
www.uksport.gov.uk	UK Sport

If you have not achieved the level 2 criteria, your work will be assessed to determine if the following level 1 criteria have been met:

1A.1 Describe the rules, regulations and scoring systems of a selected sport.

1A.2 Apply the rules of a selected sport in two given specific situations.

1A.3 Describe the roles of officials from a selected sport.