Information Booklet

Sports Day 2018

Monday 25 June

SPORTS DAY 2018
Monday 25th. June.
Brief outline of the day

- Field events and 1500m in the morning.
- Track and other events in the afternoon.
- Whole school to attend in the afternoon.

List of events;
Morning
Shot, Discus, Javelin, Distance Ball Throw,
High Jump, Long Jump, Triple Jump, 1,500 m.

Afternoon
100m, 200m, 300m (Y7,8,9 boys, year 10 girls), 400m (year 10 boys) 800m, Relay,
Target-Frisbee, Tug-Of-War.
Staff versus Pupils Relay

- One boy and one girl from each form per athletics event.
- *Tug-Of-War: you will need SEVEN boys and SEVEN girls.*
- *Frisbee you need TWO competitors*

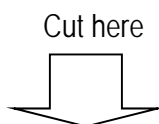*This should mean that EVERYONE will take part in at least one event.*
Competitors can take part in a maximum of one track event, one field event and
one relay event. They can also compete in either the Frisbee or Tug-Of-War.

All pupils MUST take part in normal PE kit. You may wear a tracksuit, sweat top or
equivalent to keep warm for the day *but you must compete in the correct kit only.*
This will mean taking off any extra clothes to compete in.
You will also be given a coloured band to help identify your house.

Entry Form 1	Cut here	Entry Form 2
Please hand in to Mr Randall		Please keep for your records

100M	BOY GIRL		100M	BOY GIRL
200M	BOY GIRL		200M	BOY GIRL
300M	BOY (Year 7,8,9 only)		300M	BOY (Year 7,8,9 only)
400m	BOY (Y10 only)		400m	BOY (Y10 only)
800M	BOY GIRL		800M	BOY GIRL
1500M	BOY GIRL		1500M	BOY GIRL
RELAY	GIRL Boy GIRL Boy GIRL Boy GIRL Boy		RELAY	GIRL Boy GIRL Boy GIRL Boy GIRL Boy

Field Events				
SHOT	BOY GIRL		SHOT	BOY GIRL
DISCUS	BOY GIRL		DISCUS	BOY GIRL
JAVELIN	BOY GIRL		JAVELIN	BOY GIRL
Distance Ball Throw	1. 2.		Distance Ball Throw	1. 2.
LONG JUMP	BOY GIRL		LONG JUMP	BOY GIRL
TRIPLE JUMP	BOY		TRIPLE JUMP	BOY
HIGH JUMP	BOY GIRL		HIGH JUMP	BOY GIRL
TUG-OF-WAR Boys	1. 2. 3. 4 5 6 7.		TUG-OF-WAR Boys	1. 2. 3. 4. 5. 6. 7.
TUG-OF-WAR Girls	1. 5. 2. 6. 3. 7. 4. 5 6 7		TUG-OF-WAR Girls	1. 2. 3. 4. 5 6 7
TARGET FRISBEE	1. 2		TARGET FRISBEE	1. 2

Morning

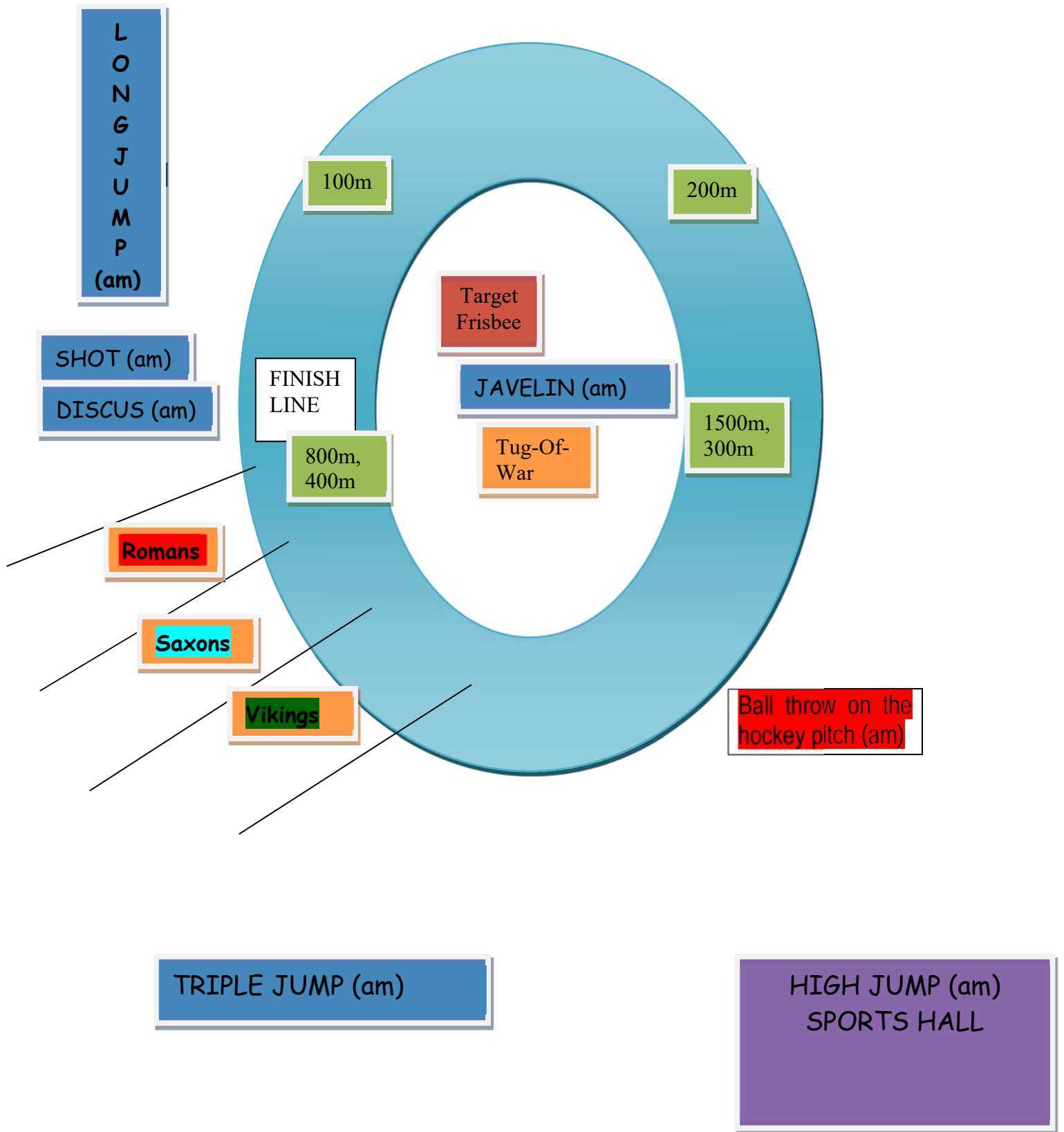| Time	Staff	DMR	SEW	MXB	TBC	TBC	TBC	NAE
9.00-9.35	Year 7	Shot	Discus	Javelin	Long Jump	Triple Jump	Ball throw	High Jump*
9.35-10.15	Year 8	Shot	Discus	Javelin	Long Jump	Triple Jump	Ball throw	High Jump*
10.15-10.55	Year 9	Shot	Discus	Javelin	Long Jump	Triple Jump	Ball throw	High Jump*
11.15-11.45	Year 10	Shot	Discus	Javelin	Long Jump	Triple Jump	Ball throw	High Jump*
11.45-12.15	All years 1500m: Boys and Girls Y10, Y9, Y8, Y7							

* In the gym

Afternoon

Approx. time	Event	Where?	Order
1.00-1.20pm	800m	Start/Finish line	Y7G/Y7B/Y8G/Y8B/Y9G/Y9B/Y10G/Y10B
1.20-1.25pm	400m	Start/finish line	Y10 B
1.25-1.35pm	300m	Cricket scorebox line	Y7,8,9 B/ Y10 G
1.35-1.40pm	400m	Start/finish line	Y10 B
1.40-2.00pm	200m	Top right of the track	Y7G/Y7B/Y8G/Y8B/Y9G/Y9B/Y10G/Y10B
2.00-2.25pm	100m	Bottom right of the track	Y7G/Y7B/Y8G/Y8B/Y9G/Y9B/Y10G/Y10B
2.25-2.50pm	Relay	Four equal points on the track	Y7G/Y7B/Y8G/Y8B/Y9G/Y9B/Y10G/Y10B/
2.50-3.00pm	Staff v Pupils Relay	Start/finish line	All pre-booked teams
3.00pm	End of day	dismissed by tutor	

Info Sheet 4

Tug –of-War	Middle of track	Frisbee	Middle of track
Y7	1.00-1.30	Y7	1.20-1.40
Y8	1.30-2.00	Y8	1.40-2.10
Y9	2.00-2.30	Y9	2.10-2.40
Y10	2.30-3.00	Y10	2.40-3.00

Where do the events take place?

LONG JUMP (am)

SHOT (am)

DISCUS (am)

FINISH LINE

100m

200m

Target Frisbee

JAVELIN (am)

Tug-Of-War

1500m, 300m

800m, 400m

Romans

Saxons

Vikings

Ball throw on the hockey pitch (am)

TRIPLE JUMP (am)

HIGH JUMP (am)
SPORTS HALL

Who wins and what are the points?

1. The form with the most points from Sports Day in each year group will be the Sports Day winner for that year group.
2. If two forms are tied, then the team fielding the most competitors will win.
3. The House with the most points when the points from all the forms in each House are added together will be the winner of the Sports Day House Trophy
4. The points for each event are as follows:

1st= 10 points
2nd= 9 points
3rd= 8 points
4th= 7 points
5th= 6 points
6th= 5 points
7th= 4 points
8th= 3 points