

Example 1: The Student who wants to get their school work done to have the rest of the day

Some students may find it useful to know that their routine is the same every day. This can help students structure their school work and motivate them to work at these set times. It could equally be the case that a student works in the afternoons and has time in the morning. It is important that students take regular breaks within each block and do not work constantly in any significant block of time. In this example time for relaxation, leisure, reading for pleasure, and physical activity has been highlighted yellow. There are activities on the school website and ClassCharts that can be completed in this time.

In Key Stage 3 the guidance is a minimum of 3 hours of school work set by their class teachers per day. The day can be ‘topped up’ with the other leisure/recreational/physical tasks provided if needed.

In Key stage 4 students should aim for a minimum of 3 hours and up to 5 hours per day on their GCSE courses.

	Morning Session 7:30am – 10:30	Mid Session 10:30 – 13:30	Afternoon Session 13:30 – 16:30
Monday	Maths / Computing	Music	
Tuesday	English / Art		
Wednesday	Science/ D&T		
Thursday	Geography / RE		
Friday	History / German		

This week’s work	Time
Maths Blutick Challenge	2 hours
English Persuasive Speech	2 hours
Science Energy Questions	2 hours
Geography Rivers	2 hours
History Slave	2 hours
German Listening/Writing	2 hours
RE Christianity Task	2 hours
Computing Problem Solving	1 hour
Art Portrait	1 hour
Music Composition	1 hour
Design & Technology Designs	1 hour

Example 2: The Student who likes to work on one thing at a time, but wants/needs flexibility

Some students may prefer to start earlier in the day and/or work later in afternoons and weekends and be flexible with their time. These students might find it useful to divide the day in to blocks of time that suit them. It is important that students take regular breaks within each block and do not work constantly in any significant block of time. In this example time for relaxation, leisure, reading for pleasure, and physical activity has been highlighted yellow. There are activities on the school website and ClassCharts that can be completed in this time.

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Tuesday		English / Art	
Wednesday			Science/ D&T
Thursday	Geography / RE		
Friday	History / German	Music	

This week’s work

	Time
Maths Blutick Challenge	2 hours
English Persuasive Speech	2 hours
Science Energy Questions	2 hours
Geography Rivers	2 hours
History Slave	2 hours
German Listening/Writing	2 hours
RE Christianity Task	2 hours
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Art Portrait	1 hour
Music Composition	1 hour
Design & Technology Designs	1 hour

Example 3: The Student who would rather stick to the structure of the normal school day

If Students prefer to complete tasks one at a time within the hours of the school day, they can populate a version of the school timetable. It is important that students build in breaks, leisure time, reading for pleasure, and physical activities (yellow) in to their day. There are activities on the school website and ClassCharts that can be completed in this time.

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	Period 1 9:05 – 10:05	Period 2 10:05 – 11:05	Break 11:05 – 11:20	Period 3 11:20 – 12:20	Lunch 12:20 – 13:10	Period 4 13:10 – 14:10	Period 5 14:10 – 15:10
Monday	Maths	Maths		Geography	Geography		
Tuesday				RE		English	English
Wednesday	German	German		Computing			
Thursday	History	History				Art	Music
Friday	Science	Science		RE			

This week’s work

	Time
Maths Blutick Challenge	2 hours
English Persuasive Speech	2 hours
Science Energy Questions	2 hours
Geography Rivers	2 hours
History Slave	2 hours
German Listening/Writing	2 hours
RE Christianity Task	2 hours
Computing Problem Solving	1 hour
Art Portrait	1 hour
Music Composition	1 hour
Design & Technology Designs	1 hour

Example 4: The student who likes to meticulously plan their time or needs a rigid structure

If a child likes to have full school day and a clear timetable of activities, make sure that school work is varied to include creative tasks (green) and relaxation, leisure, reading for pleasure, and physical activity (yellow) to break up long days. We do not expect students to be on ClassCharts completing work on a computer or device for the same amount of time that they would have school lessons. This example shows how each day can be flexible and varied.

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Monday	9:00 – 9:40	9:40 – 10:00	10:00 – 10:40	10:40 – 11:40	11:40 – 12:30	12:30 – 13:30	13:30 – 14:10	14:10 – 14:50		
	Maths – Blutick Challenge	Joe Wicks – You Tube	Geography Rivers	German Listening	Scones Recipe	Lunch & Walk	History Slave Trade	Art Portrait		
Tuesday	9:00 – 9:40	9:40 – 10:20	10:20 – 11:10	11:10 – 11:50	11:50 – 12:30	12:30 – 13:30	13:30 – 14:10	14:10 – 14:50		
	Finish Art Portrait	English Persuasive Speech	Walk/Sit in Garden – reading	D&T Initial Ideas	Computing Challenge	Lunch & Zoom Friend/Family	Computing Challenge	English Persuasive Speech		
Wednesday	9:00 – 9:40	9:40 – 10:20	10:20 – 10:30	10:30 – 11:10	11:10 – 11:50	11:50 – 12:30	12:30 – 13:30	13:30 – 14:30	14:30 – 15:10	
	English Persuasive Speech	German Writing	Tea break	Maths – Blutick Challenge	PE Football dream team	Exercise or catch up with friends	Lunch	Music Composition	Geography Rivers	
Thursday	9:00 – 9:40	9:40 – 10:20	10:20 – 10:40	10:40 – 11:20	11:20 – 12:00	12:00 – 12:30	12:30 – 13:30	13:30 – 14:10	14:10 – 14:50	14:50 – 15:30
	RE Christianity task	RE Christianity task	Break	History Slave Trade	Maths – Blutick Challenge	PE Activity	Lunch & Walk	Science Energy	Science Energy	D&T Design idea
Friday	9:00 – 9:40	9:40 – 10:20	10:20 – 10:50	10:50 – 11:30	11:30 – 12:10	12:10 – 12:30	12:30 – 13:30	13:30 – 14:10	14:10 – 14:50	
	Science Energy KAP	Drama – active task	Break/ read my book	Drama – active task	Geography Rivers	German KAP	Lunch – zoom call family	History Slave Trade	PE Activity	