



The Brownlee Foundation are hosting a mini-triathlon event at **York Sport Village** on **Wednesday 23rd May**.

Originally aimed at primary schools, the event this year has been opened up to Year 7s, targeting non-sporty children.

It is a free event and non-competitive, designed to be fun and inclusive. The event will give children the opportunity to try the disciplines of the triathlon (swim, bike, run).

Pupils will swim 30m, cycle 800m and run 300m (all distances are approximate).

Bikes, helmets and swimming caps will be provided and every child will receive a t-shirt beforehand and a medal and goody bag when they cross the finish line.

Schools can now register for the event online.

To register for the event and for more information, follow the link below and complete the registration form:

<https://www.thebrownleefoundation.org/event/brownlee-foundation-mini-triathlon-event-york/>

For an idea of what to expect on the day, follow the link to see one of our previous events in action:

<https://www.youtube.com/watch?v=7xEn5S6x2UJ>

Should you have any queries regarding the event, please do not hesitate us using the contact details below.

Many thanks,

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