

West Offices

Station Rise

YO1 6GA

01904 551550

Dear Parent/Carer,

Advanced Cycle Training – Bikeability Level 3

Your child has the opportunity to take part in City of York Council Advanced Cyclist Training, Bikeability Level 3 at school. The training will take place during school time in a single 2 hour session and is delivered by professional trainers qualified to the Bikeability National Standards. The ratio of students to trainers will be 1:1, 2:1 or 3:2. Level 3 training is a progression from Level 2 and takes in more complex roads and junctions to help prepare trainees to cycle independently.

If your child has not taken their Bikeability Level 2 and they wish to do so this can be booked prior to taking the Level 3. The Level 2 training would be on a maximum ratio of 2:1 for a single 2 hour session. Further information on the Bikeability Levels can be found at www.bikeability.dft.gov.uk

Trainees will wear a high visibility top for the duration of the training session. The wearing of cycle helmets is discretionary and is left to the decision of parents/carers or the school policy, if you wish your child to wear a cycle helmet whilst training, please ensure they bring the helment to school and please tick the box on the consent form so the trainers are aware of this.

To take part in the training your child will need a road worthy bike with two working brakes that is the correct height for your child. A basic maintenance check is carried out on each child's bike before training commences, if the trainer deems the bike to be un roadworthy they will not allow your child to take part in the training and no refund will be given.

If you wish your child to take part in the training please complete the consent form and return to the school.

Appropriate clothing for the weather should be worn for the training.

There is no charge for Bikeability Training delivered between September 2016 and end March 2017.

<u>However is a place is booked but the trainee fails to turn up for their allocated place (without a valid reason) the full cost of the training will be charged to the parent/carer via the school.</u>

If you are interested in further information on cycle training offered by City of York Council, please ring the Lynne Thomas in the Road Safety team 01904 555579 or e-mail cycle.training@york.gov.uk

The school will advise the dates of training. Please sign and return the consent form to the school office.

No child will be allowed to take part in the training unless a signed consent form is received.







Parent/carer Consent Form

City of York Council Bikeability Training

PLEASE READ AND SIGN THE FOLLOWING DECLARATION AND RETURN THIS FORM TO THE <u>SCHOOL</u> <u>OFFICE</u>

I have read and understood the letter to parents/carers. I will check my child's cycle prior to the first session to ensure that it is roadworthy and of the correct height.

I understand that my child will be trained on public roads, will wear a high visibility tabard during the training and they will be supervised at all times.

I understand CYC leaves the decision about wearing cycle helmets to the school policy or the parent/carer.

Please see websites www.bhit.org, www.bhsi.org or www.cyclehelmets.org for further information.

Please tick the appropriate boxes to indicate the level of training required:

I would like my child to take part in Level 3 training

| I would like my child to take part in Level 2 and Level 3 to | training |
|--|--|
| I wish my child to wear a cycle helmet whilst training | |
| I understand if my child fails to take up their all charged the full cost of the training session. | ocated training place without a valid reason I will be |
| Child's name: | Date of Birth: |
| Home address: | |
| School: | |
| Emergency contact: | Relationship to trainee: |
| Daytime telephone number: | email: |
| If your child has a condition, medical/behaviour/learning | , that the trainers should be aware of please state below. |
| Signed | Date |

All information is treated with confidence and held in compliance with the Data Protection Act 1998.

