

Year 7 Visit to BEWERLEY PARK

The courses at this centre for outdoor education involves a lot of time being spent outdoors, whatever the weather so clothes will get wet! Summer or winter conditions dictate a different emphasis on the amount to be brought but hard wearing, **warm** clothes are required. The following should be regarded as a guide for all courses, but more details will be sent early next term.

CLOTHES FOR ACTIVITIES

2/3 pairs warm/woollen socks
3 long sleeved warm/woollen sweaters/jumpers
3 pairs trousers (jeans are not suitable for activities ~ they are too stiff)
(woollen gloves or mitts, woollen hat, woollen scarf)
Swimming costume
Anorak, jacket or parka (strong windproof, with hood)
Shirts, polo shirts etc.

CLOTHES FOR EVENING

At least one change of clothes for the social activities of the course.
Students are expected to change for the evening meal.

OTHER ESSENTIALS

Several changes of underwear
2 good sized towels
Toiletries.
Pyjamas or night-clothes

Notes

1. All specialist clothing, including waterproofs, walking boots and equipment for the activities will be provided by the Centre but if students possess their own anoraks/waterproofs and/or boots for example, these may be brought. Prior to coming boots should be broken in comfortably. Ideally they should have leather uppers and vibram moulded, commando-type soles and heels They should not be a size too big. A fully waterproof suit is provided free of charge by the centre for the course.
2. Jeans, nylon shirts, blouses, short sweaters, nylon/cotton socks are not suitable for usage on the activities. A tracksuit if possible will be useful.
3. Students are asked to make sure that, wherever possible, their name is on their clothing and personal possessions. They are encouraged to look after and accept responsibility for their own and borrowed equipment.