

**Name**                      **Given out**                      **Due in**  
**BTEC First Sport Level 2 Certificate**  
**Unit 2: Health, Safety and Injury in Sport**



**Assessment Activity 2 – Coach education!**

Now the members are more aware of the different types of injury associated with sports participation the club think the coaches and volunteers need some staff development on the subject.

As you did such a great job producing the injury information section of the new member handbook the committee turn to you again...this time asking if you can:



Describe 2 types & signs of illnesses related to sports performance (P2)



Explain why certain injuries & illnesses are associated with sports participation (M1)

You know the coaches and volunteers are busy people and are terrible at reading information sent out to them....so the biggest challenge is presenting the information in a way in which you know they will be interested in!

Resources for support	Possible ways to present assessment
<ul style="list-style-type: none"> <li>• Activity 8 – Take your pick</li> <li>• Activity 9 – Moby Dick!</li> <li>• Activity 10 – Health check</li> </ul>	<ul style="list-style-type: none"> <li>• Via an annotated poster for the clubhouse wall</li> <li>• Via an article on the club's website</li> <li>• Via a presentation to the coaches and volunteers during a committee meeting or on the team coach to a fixture</li> </ul>

You decide to check with your BTEC teacher regards what exactly to include in your description & explanation – but are pretty confident that you can cover the content without too much difficulty!