

Name **Given out** **Due in**
BTEC First Sport Level 2 (Ext.Certificate)
Unit 2: Health, Safety and Injury in Sport



Assessment Activity 1 – Putting ‘em in the picture!

The local sports club where you coach take health & safety very seriously. They have a good safety record and want to keep it that way!

All new members receive information on the club, such as training times, annual costs, equipment requirements etc. but also information on health & safety.

They want to add to the information by including material that **describes 4 different types of injury associated with sports participation and their underlying causes (P1)**.....and thought you would be the ideal person to produce it.

So, it's over to you!

Resources for support	Possible ways to present assessment
<ul style="list-style-type: none"> • Activity 1 – Ouch • Activity 2 – Now that hurt • Activity 3 – It's all part of the job • Activity 4 – Pulling it all together • Activity 5 – Lumps, bumps & bruises • Activity 6 – That hurt...and I thought sport was good for you • Activity 7 – What on earth caused that? 	<ul style="list-style-type: none"> • Via an annotated poster for the clubhouse wall • Via a handout all new members receive • Via an article on the club's website • Via a video that can be accessed from the club's website

